

# **CW Academy**

# **BEGINNER Level CW Curriculum**

Practice Instructions and Homework Assignments

(Fourth Edition)

(Release: 4.7 Feb 19, 2025)

By: Ken Rainey, AC5EZ

This document was inspired by "Practice Instructions and Homework Assignments for the Beginner CW Academy Course" (Third Edition) by : Rob Brownstein, K6RB, 2016-2022.

# Table of Contents

Welcome to CW Academy's Beginner Morse code (CW) course	
Multiple paths to take on your Morse code journey	3
Suggested readings for incoming students	
A few Words on Learning Morse code	4
For Our Blind Students	4
Introduction to Morse Code Online Trainer (MCT)	5
Preparing for Copy Practice.	5
Preparing for Sending practice	6
Sending or Keying Morse code	6
How the Sessions are Arranged	7
Daily Sending Drill	7
Practice Sessions and Workbook Assignments General Information	8
Session 01:	10
Session 02:	
Session 03:	13
Session 04:	15
Session 05:	17
Session 06:	
Session 07:	21
Session 08:	
Session 09:	
Session 10:	
Introduction to Instant Character Recognition (ICR) – Practice	
Session 11:	
Session 12:	
Session 13:	
Session 14:	
Session 15:	
Session 16: Appendix A: Some Common CW Abbreviations	
Appendix B: Commonly used Ham Radio words	
Appendix C: Abbreviated list of Some Common International Q Signals	
Appendix D: Top 100 plus English words	
Appendix E: US States, Territories, and Canadian Provinces	
Appendix F: NATO International Phonetic Alphabet	
Appendix G: Morse Code Trainer (MCT) Features & Functions	
Appendix H: Manual Settings for Copy Practice	
Appendix I: Manual Settings for Sending Practice	
Appendix J: CW Daily Practice Log	
Appendix K: Farnsworth Timing	
Document Revision History and Copyright Notice	

# Welcome to CW Academy's Beginner Morse code (CW) course

Before starting the Beginner CW (Morse code) course assignments, you should understand how CW Academy expects you to practice during the eight-week course. The Beginner CW course uses an online learning tool called Morse Code Trainer (MCT). A link will be shared to the online learning tool in a moment but first let's go over a few ground rules.

The Beginner Morse code course is broken up into 16 sessions. Students will meet with an advisor twiceweekly online via video conference. Students are expected to practice the assignment for the current session. For example, practice session-01 before meeting for the online session-01 so the advisor can assess your progress and address any problems that arise. So, practice the session-01 assignments for the days preceding session-01, and then practice the session-02 assignment for the days preceding session-02 meeting, and so on.

There are four key tools that will help ensure your success in this course. This curriculum workbook. This is your guide and workbook assignment document. It is laid out in a step-by-step fashion for you to follow.

Second is an online video conference tool like Zoom, Skype, Meet, meet.jit.si, etc. which enables students and advisors to meet in a virtual training environment two times per week. This allows everyone to see and hear each other, and the code being sent.

Third is a daily practice log. Keeping a log of your practice is essential. A Log will show where progress is made and the characters that need more practice. Create a spreadsheet, a handwritten paper log, or a paper tablet. Anything that works. Appendix J is a sample log that can be printed out and used.

The last and most important tool is MCT online learning tool. **MCT** is an online learning tool that is preloaded with curriculum workbook assignment sessions. Play the characters, words, abbreviations, and numbers over and over, until you feel comfortable that you recognize each letter and number sound pattern. **Note**, we did not say each letter or number in dots and dashes or dits and dahs – we said sound the pattern. That's the secret to learning Morse code in a way that will scale up in speed as you progress. Learn Morse code like it is a new language. Listen to the complete sound of the characters being presented not the individual dits and dahs that make up the character.

At the beginning of Session-11 you will be introduced to a new tool called Instant Character Recognition (**ICR**). All the letters, numbers, punctuation, and prosigns have been presented in the learning tool. It is now time to try your hand ICR. The purpose of this tool is to get you started learning to copy the sounds in your head. Work through all the characters you have learned.

# Multiple paths to take on your Morse code journey

There are many paths to take in your Morse code journey like contesting, ragchewing, or short QSOs. And they all start with learning the basic character recognition. This course will help you start that journey. Good luck and enjoy the ride!

# Suggested readings for incoming students

1. Instant Recognition by Nancy Kott, SK,WZ8C.

Nancy talks about building your Morse code speed. She also talks about Instant recognition and how to find out if you have instant recognition. She goes on to explain how to gain proficiency as well as CW speed using instant recognition.

- <u>The FOC Guide to Morse Code Proficiency</u> by Gary Hinson, ZL2IFB.
   In the document Gary goes into great detail about Morse code speed, and timing that is worth reading several times to understand the full meaning of the rhythm of Morse code (CW).
- 3. <u>Controlling Frustration and Nervousness</u> by Bill Leahy, KOMP. Bill is a CWops advisor and in this document, he brings up some really good points everyone should know about while on their Morse code journey. He talks about the best ways to study and how to overcome frustration. It is well worth your time to read it.

These documents can be found on the CWops website at the link: Additional Info & Practice Material for Students.

# A few Words on Learning Morse code

Morse code is an audio language. We don't write the dits and dahs that we hear. We train our brain to translate the dit-dah patterns into characters. These characters are then assembled into words, phrases, and sentences that we humans can understand. Learning to copy Morse code in your head takes practice. You will not become proficient in Morse code without practice and a lot of it.

As with learning anything new we need to start with the basics. Learning the alphabet, numbers, punctuation, and some basic prosigns are what this class is designed to do.

There is a predefined order in the learning process and if you follow the curriculum guidelines by the time you reach session-16 you will be ready to get on-air and enjoy your newfound skill.

# For Our Blind Students

We endeavor to make CW Academy accessible to all. Student resource documents are formatted for accessibility for low-vision and also blind people using screen readers. They are available in both PDF and HTML versions. Many of the daily lessons include abbreviations, random letter sequences and other items that screen readers may attempt to pronounce as nonsensical words. When you encounter those, have it spell the words. Tables and graphical items have descriptive alternate text. Table of contents and structured headers will aid your navigation. If you encounter difficulties with the materials, please tell your advisor and we will try to make improvements.

# Introduction to Morse Code Online Trainer (MCT)

**MCT** is an online practice tool designed to work with this CW Beginner curriculum workbook. It is part of the <u>MorseCode.World website</u>, which offers many training tools.

MorseCode.World		Shop	International 🔻	American 🔻	More 🔻	SCPhillips.com
CW Academy Mor	se Co	de Tra	iner			
International Morse Training	CW Generator	CW Academy (EN)	CW Academy (JP	) QSO Word	List ICR	Headlines Help
	Personalisa	tion Practice Conte	ent Message f	Playback Controls	History	Settings Donate

This link will take you to the **Online MCT Tool**. Bookmark it so you can go to the **MCT** tool anytime. Your advisor can assist you if necessary.

### Personalization:

You will need to enter this information when you get to session-11. You can enter it now or wait until you reach session-11. It's up to you. You can fill in this information at any time.

Personalisation				
For some of the sessions some additi	onal information is needed. This information is not	stored on the server.		
Your call sign:	Your town/city and state abbreviation:	Your name:		
Your Call Sign	Your city/province & state/DX Your firstname			
Your age:	Your power:	Your antenna:		
Your Age	our Age Transmitting Power Your antenna			

# **Preparing for Copy Practice.**

Your copy practice will be set to 25 CPM with a Farnsworth of 6 CPM for a good reason. You need to be able to translate Morse code at a high character speed that prevents you from counting the dits and dahs. You can Increase the character speed if necessary. A brief explanation of Farnsworth timing can be found in Appendix K.

Follow these steps when you are ready to start practice:

- Open the Online MCT Tool
- Under Practice Content
  - 1: Select the **Copying** button. **MCT** tool will autoload copy practice settings.
  - 2: Select the Session (1 to 13) that you want to practice via the Next and Previous buttons.
  - 3: Select the *Message Type* to practice, such as characters or words.

Start each new copy session with Characters. Once you have them committed to memory move to Words then CW Abbreviations, Numbers, Callsigns, and finally Phrases. If a message type is grayed out that means they are not available for that session.

In Playback options there are three repeat settings:



- **Off** no repeat. Plays the message type selected one time.
- **Repeat On** will repeat the message text selected over and over again.
- **Repeat-one** will repeat the single message selected again and again.

Once you have learned to copy all the characters in a message type try setting **Repeat on** and turning **Random on**.

Your advisor can explain how each repeat button works.

# **Preparing for Sending practice**

Your sending practice will be set to 15 CPM with a Farnsworth of 6 CPM for a good reason. You need to be able to send Morse code at a character speed that allows you to form good rhythm and timing habits. Try to stay at the 15 CPM character speed. It is plenty fast to carry on an "**ON-THE-AIR**" QSO. As you progress try increasing the Farnsworth speed.

- If not already open start the online MCT tool
- Practice Content
  - 1: Select the **Sending** button. **MCT** tool will autoload sending practice settings.
  - 2: Select the Session (1 to 13) that you want to practice.
  - 3: Select the *Message* Type to practice.

Start each new sending session with Characters. Once you have good rhythm and timing move to Words the CW Abbreviations, Numbers, Callsigns, and finally Phrases. If a message type is grayed out that means they are not available for that session.

In Play options there are three repeat settings :



- Off no repeat. Plays the message type selected one time.
- **Repeat On** will repeat the message text selected over and over again.
- **Repeat-One** will repeat the single message selected again and again.

Once you have learned to send all the characters in a message type try setting **Repeat-on** and turning **Random on**.

### Sending or Keying Morse code

Learning to copy Morse code uses only your brain to memorize and to recognize letter patterns as words or phrases. Learning at a high character/per/minute (CPM) rate allows you to hear the characters as a unique sound pattern not the individual dits and dahs that make up the character.

Sending involves mechanical motion and dexterity. You form the character or word in your brain, the brain tells the hand to move in certain ways, and then the hand reacts to the brain's command. Wow, that's a lot of steps. Well actually, it all happens very fast but the problem most beginners have is not knowing what to send but learning the hand motions needed to form the dit dahs patterns with a mechanical keying device. This is why your sending practice is set to a slower CPM rate. Trying to send as fast as you can copy will only lead to frustration. The question a lot of new CW operators is how to send faster. The question should be how to send well-formed, readable code that another person can copy. You do this be learning to send a speed that is fast enough to make the conversation meaningful yet slow enough for the message to be understood by the other person. Speed will come with practice and getting on the air and making contacts is the goal of this course.

Keep track of your time by watching the Elapsed practice timer in the Playback Controls section. Try to limit your practice time to around 15 minutes a session.

# How the Sessions are Arranged

Let us look at an example of how to get started. Your first curriculum workbook assignment is to play the following messages, one at a time, until you feel you can recognize them. New characters introduced in each session will be identified and highlighted in **RED**.

# **Daily Sending Drill**

We offer some additional practice in the form of a sending/keying drill in each session to help you practice sending each character. For example, the **Daily Sending Drill** is designed to help master the spacing and rhythm of Morse code by sending each character repeatedly. One way to judge an individual's sending skill is to record what is being sent and then play it back and try to copy your own sending. You can use a phone or a PC to record your sending.

Learning Morse code takes determination and practice to master. Repetition is the best way to lock in the sound and rhythm of the characters you are learning. Sending the *Daily Sending Drill* is a great way to practice the CW rhythm. Once you have learned the characters, begin each session by sending the Daily Sending Drill several times to warm up your keying hand and to get your brain ready to learn.

If you decide to do the daily sending drill, please note that it does not appear in the online Morse Code Trainer tool. It is presented in each section to help you gain proficiency in Morse code sending.

### Daily Sending Drill:

	-			
AAAA	EEEE	ΝΝΝΝΝ	ТТТТТ	

Before meeting for session-01, you should be able to recognize and send the patterns using the character's '**T**', '**E**', '**A**' and '**N**.' And be able to recognize the words 'TEA,' 'TEN,' 'NET,' and 'TEE.' And be able to do that at a character speed of at least 25 wpm and Farnsworth spacing of at least 4 wpm or higher.

During this first session, your advisor will be sending those characters and words to everyone, individually, to see if you have learned them. Then, he/she will ask individuals to send the characters and words with their keyer to assess how well everyone has learned good element (dit or dah) timing and spacing.

# **Practice Sessions and Workbook Assignments General Information**

Sessions 1 through 10 will introduce new letters, numbers, punctuation, and prosigns. Sessions 11 through 13 is where you will put all that has been learned into practice. The building of a simple QSO is introduced here as well as simple contesting practice. Sessions 14 through 16 are set aside for your advisor to help you prepare for getting "ON-THE-AIR".

Sessions 1 through 10 are broken down into several parts. First will be the setup instructions for the online Morse Code Trainer program. Start with the initial setup instructions mentioned above.

- Characters for this session are those you will be working on in this session. New characters introduced in the current session will be identified and shown in **red**.
- Characters learned (x) is a running list of all the letters, numbers, punctuation, and prosigns that have been presented so far.

The next part is the **Copy Practice** portion of the session. The message types presented here are preloaded in the online MCT tool. They are listed here for reference so you can see what will be presented in the online MCT. The **Copy Practice** portion has the following labels:

- Characters
- Words
- CW Abbreviations
- Numbers
- Callsigns
- Phrases

The labels are there to better understand what you are learning. Notice that some words look a little strange and you might think they are misspelled. Actually, these are CW abbreviation words we use to convey our message in as few keystrokes as necessary. Refer to Appendix A for the definition of the shorthand words and how they are used in a QSO.

This is followed by the **Sending practice** section. When entering the sending portion on the MCT tool, listen to the message and then try emulating the sounds with a key or keyer. The **Sending practice** portion is also divided into the following labels:

- Characters
- Words
- CW Abbreviations
- Numbers
- Callsigns
- Phrases

At the end of session 10 there is an introduction to Instant Character Recognition (ICR). ICR is the process of listening to and recognizing the characters without writing them down. Yes, using the conscious and subconscious portions of the brain. If you want to increase your Morse code speed above 13 to 15 wpm ICR is the only way to go.

Your advisor can help you to get started using the ICR tool if you choose to use it.

Sessions 11-13 is also where you will put your knowledge to use by going through QSO scripts.

Sessions 14 through 16 are set aside for your advisor to help you prepare for getting "ON-THE-AIR".

Session 01:

Characters for this session (all are new):	ΑΕΝΤ
Characters learned 4:	ΑΕΝΤ

Work through the copy practice for each message group using the MCT tool. Once you have committed all the copy practice to memory proceed to the sending practice section and go through each section in the same way.

ice					
:					
TEE	EAT	ATE	AT	TAT	TEEN
TEN	TAN				
viations:					
ANT	NET				
AN	ANT	AT TEE		A NEAT ANT	
actice					
TEN	TEE				
CW Abbreviations:					
ANT	NET				
AN	ANT	AT TEE		A NEAT ANT	
ing Drill:					
EEEE	AAAAA	NNNNN			
	TEE TEN viations: ANT ANT ANT AN actice TEN viations: ANT ANT ANT	TEE EAT TEN TAN ANT NET ANT NET ANANT AN ANT TEN TEE ANT TEE ANT NET ANT NET	TEE       EAT       ATE         TEN       TAN       ATE         ANT       NET       ATTEE         ANANT       AT TEE       ATTEE         actice       Image: Comparison of the second of the sec	TEE       EAT       ATE       AT         TEN       TAN       AT       AT         ANT       NET       Image: Constraint of the second s	TEE       EAT       ATE       AT       TAT         TEN       TAN       ANT       NET         AN ANT       AT TEE       A NEAT ANT         actice

# Session 02:

Characters for this session:	previous <b>AENT</b> plus new <b>SIO14</b>
Characters learned 9:	AEINOST14

Work through the copy practice for each message group using the MCT tool. Once you have committed all the copy practice to memory proceed to the sending practice section and go through each section in the same way.

#### **Copy Practice Characters:** AENTSIO14 Words: TEN TON TIN TIE TOE NO NOT NOTE IT AT ONE NEAT NET NITE TOES STONE TEASE NOISE CW Abbreviations: ES SAE SASE SN STN Numbers: 1441 4114 1414 Callsigns: N1AS N4ON S41T NO1S AI1E IT40 EA1ON ES4IT **Phrases:** NO NET STN 1 TO 4 **ITS A TEST 4 TON STONE**

Sendin	g practice						
Charac	cters:						
ΑΕΝΤ	SIO14						
Words	:						
TIN	TIE		NO	NOT	IT	AT	ONE
CW Ab	breviation	s:					
ES	OT		SAE	SASE	SN	STN	
Numbe	ers:						
1441	4114		1414				
Callsig	ns:						
N1AS	N4ON	S41T	NO1S	AI1E	IT4O	EA1ON	ES4IT
Phrase	?S:						
NO NET	STN	1 TO 4		ITS A TEST	4 TC	ON STONE	
Daily S	ending Dr	ill:					
AAAA. SSSS			I I I I I 1 1 1 1 1	N N N N N 4 4 4 4 4	00000		

Characters for this session:	previous OIS plus new DHLR25
Characters learned 15:	A D E H I L N O R S T 1 2 4 5

Work through the copy practice for each message group using the MCT tool. Once you have committed all the copy practice to memory proceed to the sending practice section and go through each section in the same way.

Copy Pra	ctice					
Characte						
OISRHDL25						
Words:						
ALL	TELL	TALL	DEAL	THE	THEIR	DOLL
DELL	HALL	HILL	HOLE	LOAD	LEAD	LATE
LATER	SEAL	SELL	SOLE	SHE	HER	HEAR
CW Abbr	eviations:					
AA	ES	SN	STN	DE	DN	Н
HR	LSN	NR	RST			
Numbers	:					
142	451	1425				
Callsigns	;					
DL1AT	HH5H	HS1TD	ND2T	NA4T		
Phrases:						
LSN DN 1	RST IS 5	55	HAIL ES RAIN		DE NR4DL	LSN DN 2

Sending p	ractice					
Character	s:					
OISRHD	L 2 5					
Words:						
ALL	TELL	THE	LEAD	LATE	SHE	HER
CW Abbre	viations:					
DE	DN	HI	HR	NR	RST	TR
Numbers:						
142	451	1425				
Callsigns:						
DL1AT	HH5H	HS1TD	ND2T	NA4T		
Phrases:						
LSN DN 1	RST	IS 555	HAIL ES RAIN	N	DE NR4DL	LSN DN 2
Daily Send	ding Drill:					
A A A A A 0 0 0 0 0 5 5 5 5 5	D D D D D R R R R R	E E E E E S S S S S S	ННННН ТТТТТ	IIIII 11111	L L L L L 2 2 2 2 2 2	N N N N N 4 4 4 4 4

Characters for this session:	previous <b>R H D L 1 4</b> plus new <b>C U</b>
Characters learned 17:	A C D E H I L N O R S T U 1 4 2 5

Work through the copy practice for each message group using the MCT tool. Once you have committed all the copy practice to memory proceed to the sending practice section and go through each section in the same way.

Copy Pra	actice					
Characte	ers:					
RHDL1	4 U C					
Words:						
CHAT	CHAIR	CHIN	CHART	OUCH	COUCH	TOUCH
SUCH	TEACH	REACH	SUN	SON	HOLD	TOLD
SAIL	RAIL	TAIL	NAIL	OIL	SOIL	TOIL
COIL	RAIN	CAUSE	SAUCE	TOSS	TOLL	TALL
TELL	CELL	CALL				
CW Abb	reviations:					
ADR	CL	CS	CUL	DE	DN	ES
NR	RST	SOTA	STN	TU	UR	
Number	s:					
4241	1452	5441	2145			

# Callsigns:

NC5A	NA2T	CU1LL	CO5NO	NU4R	CT1AC	CE1NI
Phrases:						
UR RST IS	HR IN UT	CUL TOD	LS	N DN 1	SOTA 2514	

# Sending practice

# Characters:

Character	s:					
RHDL14	UC					
Words:						
CHAT	CHIN	TEACH	SAIL	RAIN	TALL	TELL
CW Abbre	viations:					
CUL	DE	ES	NR	RST	TU	UR
Numbers:						
4241	1452	5441	2145			
Callsigns:						
NC5A	NA2T	NC5A	NA2T	CU1LL	CO5NO	NU4R
CT1AC	CE1NI					
Phrases:						
UR RST IS	HR IN UT		CUL TOD	LSN	DN 1	SOTA 2514
Daily Send	ding Drill:					
AAAAA	CCCCC	DDDD	EEEE	НННН	IIIII	LLLL
N N N N N 2 2 2 2 2 2	00000 44444	R R R R R 5 5 5 5 5	SSSSS	ΤΤΤΤ	υυυυυ	11111

# Session 05:

Characters for this session:	previous U C 2 5 plus new M W 3 6 ?
Characters learned 22:	A C D E H I L M N O R S T U W 1 2 3 4 5 6 ?

Work through the copy practice for each message group using the MCT tool. Once you have committed all the copy practice to memory proceed to the sending practice section and go through each section in the same way.

#### **Copy Practice Characters:** UC25MW36? Words: WAIT WALL WELL WILL MALL MILL CHUM MOW WET MUCH SUCH WATER WHAT DEW

DATE WISH HIS	ATOM WASH HW?	TOW MAT	TOWER MATT	WERE MEL	WHERE HIM	WAS HER
CW Abbre	viations:					
CS	CUD	CUL	DE	ES	HR	HW?
OM	RST	SHUD	STN	TU	UR	WL
Numbers:						
3354	1432	6122	5564	4321	2346	
Callsigns:						
W3AA	N3AM	DM5RA	W6AM	N2AT	RW5L	ON4UN
Phrases:						
NAME?	UR RST IS 56	SN CU	TMW DON	SWR IS	2 TO 1	CUL TOM

#### **Sending practice Characters:** UC25MW36? Words: WAIT WELL MALL MILL WET DATE CW Abbreviations: CUL DE ES HW? RST TMW ΤU UR Numbers: 3354 1432 6122 5564 4321 2346 Callsigns: W3AA N3AM DM5RA W6AM N2AT RW5L ON4UN Phrases: NAME? UR RST IS 56N CU TMW DON SWR IS 2 TO 1 CUL TOM **Daily Sending Drill:** $\mathsf{C}\,\mathsf{C}\,\mathsf{C}\,\mathsf{C}\,\mathsf{C}\,\mathsf{C}$ AAAAA DDDD EEEE ННННН IIIII LLLL UUUUU MMMMM NNNNN 00000 RRRRR SSSSS TTTTT 22222 44444 WWWWW 11111 33333 55555 66666

??????

# Session 06:

Characters for this session:	previous M W 3 6 plus new FY,
Characters learned 25:	ACDEFHILMNORSTUWY134256,?

Work through the copy practice for each message group using the MCT tool. Once you have committed all the copy practice to memory proceed to the sending practice section and go through each section in the same way.

	- 1					
Copy Pra	octice					
Characte	ers:					
M W 3 6 F	Ϋ,					
Words:						
YOU	ΤΟΥ	FOOT	TOOTH	ROOT	CUTE	NOISE
LARRY	ROY	TON	TEETH	FEET	YET	THEY
SAY	RAY	HAY	YRS	FAIR	FARE	FAR
FUR	FURRY					
CW Abbi	reviations:					
CUL	CW	DE	DWN	ES	FER	HR
HW?	NAME	RF	RST	SWR	TU	MY
Numbers	s:					
1512	3316	4352	6135			
Callsigns	5:					
F5IN	YO1AR	HH5H	NO3M	AA3U	S52R	
Phrases:						
NAME IS V	VILL	UR RST 56N		HOME IS CODY, WY		UR NAME?

# Sending practice

# ...

Characters	s:					
M W 3 6 F Y	,					
Words:						
CUTE	SAID	RAID	STIR	HIM	FEET	HW?
CW Abbre	viations:					
CUL	DE	ES	FER	DWN	TU	UR
Numbers:						
1512	3316	4352	6135			
Callsigns:						
F5IN	YO1AR	HH5H	NO3M	AA3U	S52R	
Phrases:						
NAME IS WI	LL	UR RST 56N	НО	ME IS CODY, WY	UR N	NAME?
Daily Sena	ling Drill:					
AAAAA	ССССС	DDDD	EEEE	FFFFF	НННН	IIIII
LLLL	MMMMM	ΝΝΝΝ	00000	RRRR	SSSSS	ТТТТТ
υυυυυ	M M M M M	ΥΥΥΥΥ	11111	22222	33333	44444
55555	66666	?????				

# Session 07:

Characters for this session:	previous FY36 plus new GPQ79/
Characters learned 31:	ACDEFGHILMNOPQRSTUWY13425679/,?

Work through the copy practice for each message group using the MCT tool. Once you have committed all the copy practice to memory proceed to the sending practice section and go through each section in the same way.

Copy Prac	tice					
Character	s:					
FY36GP	Q 7 9 /					
Words:						
PAGE	PAPER	PEPPER	GLAD	GLARE	LARGE	LEDGE
GEORGE	GEO	CHAS	CHASE	CHANGE	PEG	PUG
PIG	PEN	PENCIL	PIPE	PIT	GAIN	GARAGE
GUARD	GAS	GUS	CHUG	YES	YET	YONDER
COY						
CW Abbre	viations:					
AGN?	CPI	CUL	DE	GM	GE	LID
ОМ	OP	QTH	RIG	RST	QRM	TU
Numbers:						
7423	14253	579	599	2N222		
Callsigns:						

G4AN/3	N1AR/5	W9UCA/9	W3/PY2AA	F6/N6AM	

### Phrases:

# Sending practice

# Characters:

F	Y	3	6	G	Ρ	Q	7	9	/	
---	---	---	---	---	---	---	---	---	---	--

# Words:

PAGE	GLARE	LEDGE	GEORGE	PEN	PIT	
CW Abbrev	viations:					
AGN?	CPI	CUL	DE	GM	GE	LID
OM	OP	QTH	RIG	RST	QRM	TU
Numbers:						
7423	14253	579	599	2N222		
Callsigns:						
G4AN/3	N1AR/5	V	V9UCA/9	W3/PY2AA	F	6/N6AM
Phrases:						
GD SIG RON	SOLID	CPI MAT	<b>RIG IS ICOM</b>	QTH IS	TRAPPE, MD	HW CPI?
Daily Sendi	ing Drill:					
AAAAA	ССССС	DDDD	EEEE	FFFFF	GGGGG	НННН
IIIII	LLLL	MMMMM	ΝΝΝΝΝ	00000	PPPP	Q Q Q Q Q
RRRRR	SSSSS	ТТТТТ	UUUUU	W W W W W	ΥΥΥΥΥ	11111
22222	33333	44444	55555	66666	77777	99999
/////	, , , , ,	?????				

# Session 08:

Characters for this session:previous **79** / plus new **BV < AR>**Characters learned 34:A B C D E F G H I L M N O P Q R S T U V W Y 2 3 4 5 6 7 9 / , ? < AR>

Work through the copy practice for each message group using the MCT tool. Once you have committed all the copy practice to memory proceed to the sending practice section and go through each section in the same way.

# Copy Practice Characters:

B V79/<AR>

Words:							
VOTE	VAT	VIEW	WAVE	PAVE	SAVE	VOW	
VALVE	SOLVE	VOLT	VAULT	BAD	BODY	BORE	
BORN	BARN	BARNEY	BRAD	BREAD	BED	BETTER	
BEST	BILL	BUILD	BUILT	BOLT	BULB	BLAME	
BLEND	BLAND	BLOW					
CW Abbrev	iations:						
73	AGN	B4	BURO	CS	CUL	DE	
DN	EFHW	ES	FB	FER	GA	GE	
HI	HW?	LID	OP	POTA	PSE	PWR	
QRM	RCVR	RPT	SIG	TU	UR	<ar></ar>	
Numbers:							
6146	5514	2345	9765				
Callsigns:							
BV2AA	BA1RO	WB2AE	N6RB/4	W2/VE1	AR	VE2/W2LE	
Phrases:							
NAME IS BOE	}	NAME IS BILL	SOME Q	SB	NAME IS VAL		
UR RST IS 559	)	UR RST IS 459	BENS BE	EST BENT WIRE GOING QRT			

#### Sending practice **Characters:** B V 7 9 / <AR> Words: VOTE VALVE BED BEST CW Abbreviations: 73 AGN FB FER HW? QRM RST <AR> Numbers: 6146 5514 2345 9765 Callsigns: BV2AA BA1RO WB2AE N6RB/4 W2/VE1AR VE2/W2LE **Phrases:** NAME IS BILL NAME IS TED UR RST IS 579 BENS BEST BENT WIRE **Daily Sending Drill:** ΑΑΑΑ BBBBB CCCCCDDDDD EEEE FFFFF $\mathbf{G}\,\mathbf{G}\,\mathbf{G}\,\mathbf{G}\,\mathbf{G}$ ННННН IIIII LLLL 00000 PPPP MMMMM NNNNN QQQQQ RRRRR SSSSS ΤΤΤΤΤ UUUUU VVVVV $\mathsf{W}\,\mathsf{W}\,\mathsf{W}\,\mathsf{W}\,\mathsf{W}$ ΥΥΥΥΥ 2222 11111 33333 44444 55555 66666

, , , , ,

??????

/////

77777

99999

Characters for this session:	previous <b>B V</b> plus new <b>J K 0 8 <bt></bt></b>
Characters learned 39:	ABCDEFGHIJKLMNOPQRSTUVWY
	1 2 3 4 5 6 7 8 9 0 / , ? <bt> <ar></ar></bt>

Work through the copy practice for each message group using the MCT tool. Once you have committed all the copy practice to memory proceed to the sending practice section and go through each section in the same way.

Copy Practice			
Characters:			
B V J K 8 0 <bt></bt>			
Words:			

JACK	JAY	JOHN	JIM	JERRY	ВАСК	RACK
TACK	TECH	TACH	REACH	EACH	TEACH	HELP
HIGH	HILL	FACT	FACE	FAR	FEAR	THEN
THEIR	HIM	HER	HIS	HERS	THEM	THEY
THEIR	SWITCH	LINE	ANT	DIPOLE	VERTICAL	OHMS
HOME	AWAY	TEST	ASIA	AFRICA		

### CW Abbreviations:

AGN	ВК	CPI	CUAGN	DE	ES	FB
GUD	К	ОК	OP	R	RCVR	RPT
RST	SK	SKED	TKS	TMW	WKD	YL

### Numbers:

# Callsigns:

K4BAI N5KO	K1JD	N1AR	W2TT	K2UMU	N2NW	VE3NE	VA3KP	
	K4BAI	N5KO						

### Phrases:

HW CPI?	NAME IS JOE	NAME IS JOHN	NAME IS JIM
UR RST IS 579	UR RST IS 339	SRI NO CPY QRM ON Y	'R SIG

# Sending practice

# Characters:

B V J K 8 0 <bt></bt>	
-----------------------	--

# Words:

vvorus.						
JACK	TACH	REACH	EACH	FEAR	HIS	ANT
CW Abbrevi	ations:					
К	ОК	ОР	RPT	RST	SKED	TKS
UR	WKD	YL				
Numbers:						
07	7300	4250A				
Callsigns:						
K1JD	N1AR	W2TT	K2UMU	N2NW	VE3NE	VA3KP
K4BAI	N5KO					
Phrases:						
HW CPI?	NAME	IS JOE	NAME IS JO	HN	NAME IS JIM	
UR RST IS 579	UR RS	T IS 339	SRI NO CPY	QRM ON YR	SIG	
Daily Sendir	ng Drill:					
AAAAA	BBBBB	ССССС	DDDD	EEEE	FFFFF	GGGGG
НННН	IIIII	JJJJJ	KKKKK	LLLL	MMMMM	ΝΝΝΝ
00000	PPPP	RRRRR	SSSSS	ТТТТТ	UUUUU	VVVVV
WWWWW	ΥΥΥΥΥ	11111	2222	33333	44444	55555
66666	7777	88888	99999	00000	/////	, , , , ,
;;;;;	< A R $>$ $<$ A R	> < A R > < A R	>	< B T $>$ $<$ B T	T > < B T > < B T	[ >

Characters for this session:	previous <b>K J 8 0 Q</b> plus new X Z . <bk> <sk></sk></bk>
Characters learned 44:	A B C D E F G H I J K L M N O P Q R S T U V W X Y Z
	1234567890/.,? <bt> <bk> <sk> <ar></ar></sk></bk></bt>

Work through the copy practice for each message group using the MCT tool. Once you have committed all the copy practice to memory proceed to the sending practice section and go through each section in the same way.

**NOTE**: There are some that say **<BK>** is not an "official" prosign and should not be sent as one character. Although **<BK>** is used quite often when working POTA and SOTA contacts. As a new Morse code operator, you will hear it sent both ways, **BK** and **<BK>**. **<BK>** is presented here, as a prosign, to offer practice in hearing and sending it as a prosign. Your advisor has the option as to how it is presented.

### **Copy Practice**

### Characters:

KIROXOZ CBK>CSK>

KJSUX	Q Z . <bk> <sk< th=""><th>&gt;</th><th></th><th></th><th></th><th></th></sk<></bk>	>				
Words:						
NAME	MEMPHIS	NYC	SF	DALLAS	6 HOUST	ON TOKYO
PARIS	LONDON	HAMBUI	RG SYDNE	ΞY		
CW Abb	reviations:					
BTU	CUL	ES	DE	DX	FB	FER
GLD	HR	KW	OP	PSE	RPT	RST
SRI	TKS	TU	VY	WX	XYL	YL
Number	rs:					
8044	7400	73	88			
Callsign	s:					
ZL2TT	VK4OM	JE1TRV	BA1CW	KH6LC	AL2A	AA3B
Phrases	:					
U HV QS	6B	U HV QRM	NAME?	QTH?	QTH IS NY	QTH IS PARIS
PSE QSY	TO 7054					

# Sending practice

< A R > < A R > < A R > < A R >

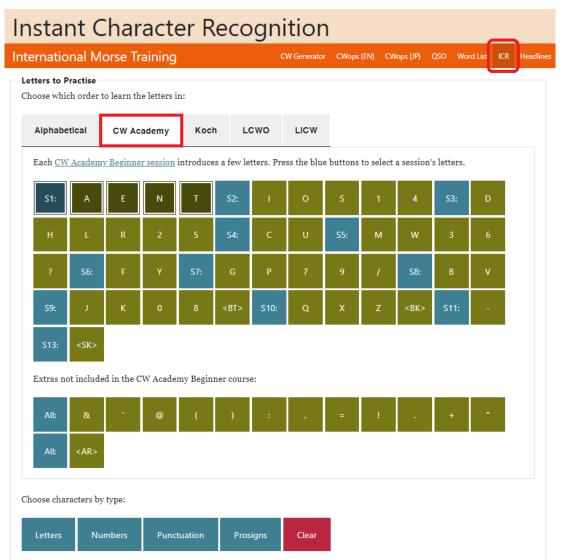
### Characters:

churucter	3.					
K J 8 0 X Q 2	Z. <bk><sk></sk></bk>					
Words:						
WL	UR	ОК	PSE	RIG	WX	ANT
PWR	KW	OP	TKS	RST	FER	GLD
CW Abbre	eviations:					
BTU	CUL	ES	DE	DX	FB	FER
GLD	HR	KW	OP	PSE	RPT	RST
SRI	TKS	TU	VY	WX	XYL	YL
Numbers:	•					
8044	7400	73				
Callsigns:						
ZL2TT	VK4OM	<b>JE1TRV</b>	BA1CW	KH6LC	AL2A	AA3B
Phrases:						
UR RST IS 579 QTH IS NR TULSA		NAME IS BARRY	UR RST IS 559			
QTH IS DAYTON OH NAME IS JOH		HN				
Daily Sen	ding Drill:					
AAAA	BBBBB	ССССС	DDDD	EEEE	FFFFF	GGGGG
НННН	IIIII	JJJJJ	KKKKK	LLLL	MMMMM	ΝΝΝΝΝ
00000	PPPP	Q Q Q Q Q	RRRRR	SSSSS	ТТТТТ	υυυυυ
VVVVV	M M M M M	XXXXX	YYYYY	ZZZZZ	11111	2222
33333	44444	55555	66666	77777	88888	99999
00000	/////	, , , , , ,	?????	< B T $>$ $<$ B T	> <bt><b< td=""><td>Τ&gt;</td></b<></bt>	Τ>
<bk><bk><bk><bk></bk></bk></bk></bk>			< S K > < S K > < S K > < S K >			

# Introduction to Instant Character Recognition (ICR) – Practice

ICR practice will use Morse Code trainer at this link:

Morse Code Trainer Instant Character Recognition



Instant character recognition is learning to copy Morse code in your head without using a pen and paper. After you have performed the copying and sending exercises in each session to a point where you can recognize the characters and words it's time to begin working on your ICR skills.

Your advisor can explain and assist you in getting started using the ICR tool in your daily practice. There is an additional getting started document called Guidelines for MorseCodeWorld ICR available on our <u>student resources webpage</u>.

**ICR Copying**: Select the *CW Academy* tab then select the session(s) you want to practice. When you select the session button the characters presented in this curriculum workbook will be highlighted.

You can add characters or remove characters by simply clicking on each character.

Select Speech After in the Playback style dropdown menu.

You have three ICR options to work with: Individual characters, random nonesense words using the characters in the sessions being practiced, or sentences of various number of words.

# For this class you need to focus on single character recognition first. You need to have a good character ICR foundation before advancing to words and sentences.

- Choosing Letters, the program will play each individual letter.
- Choosing words allows you to select how many characters the words should have.
- Choosing sentences allows you to build sentences of various number of words.

**Play**: You are now ready to practice ICR. Select the Next button. Set back with your eyes closed and listen to the characters. visualize the character in your mind before the computer says the character. Keep working on this until you can beat the computer.

When you reach about 75% correct copy it is time to increase the Farnsworth speed by 1 or 2 WPM.

### Session 11:

Putting what you've learned into practice.

It's now time to put all the letters, numbers, punctuation, and prosigns together in QSO scripts that you can use as a model when you get on the air. This session and the next several sessions will give you some actual QSO practice.

Make sure you fill out all the information in the Personalization section. This information will be used in the copying and sending practice that follows.

For the next six sessions you want to set your character speed to 25+ WPM and Farnsworth set to 6+ WPM. Remove any extra time gap settings you might have set. This is the goal for the beginner class.

Personalisation		
For some of the sessions some additi	ional information is needed. This information is not	stored on the server.
Your call sign:	Your town/city and state abbreviation:	Your name:
Your Call Sign	Your city/province & state/DX	Your firstname
Your age:	Your power:	Your antenna:
Your Age	Transmitting Power	Your antenna

Work through the copy practice for each message group using the MCT tool. Once you have committed all the copy practice to memory proceed to the sending practice section and go through each section in the same way.

# Copy Practice

[your callsign] DE K6RB UR RST 579 NR SF <BT> NAME ROB HW? [your callsign] DE K6RB K

[your callsign] DE N3JT UR RST IS 5NN <BT> QTH MCLEAN VA MCLEAN VA OP IS JIM DE N3JT

[your callsign] DE W1RM <BT> UR RST 569 569 IN CT NAME IS PETE <BK>

## Sending practice

K6RB DE [your callsign] UR RST 57N IN [your town/city and ST abbrev] <BT> NAME IS [your name] BTU K6RB DE [your callsign] K

N3JT DE [YOUR CALLSIGN] UR RST 56N IN [your town/city and ST abbrev] <BT> NAME IS [your name] N3JT DE [your callsign] K

W1RM DE [your callsign] UR RST 45N WID QRN IN [your town/city and ST abbrev] <BT> NAME IS [your name] W1RM DE [your callsign] K

### ICR Single Character Practice:

*Letters to Practice*: **Sessions 01 thru 10** *Message Options: Letters*. Practice single characters.

# Session 12:

Work through the copy practice for each message group using the MCT tool. Once you have committed all the copy practice to memory proceed to the sending practice section and go through each section in the same way.

### **Copy Practice**

[your callsign] DE K6RB WX CLDY TEMP 58 <BT> RIG RUNS 100 W TO VERT <BT> AGE IS 66 SO HW?[your callsign] DE K6RB K

[your callsign] DE N3JT <BT> WX RAIN TEMP 42 <BT> RIG IS K3 ES ANT IS 4 EL YAGI <BT> AGE IS 65 OK? DE N3JT

[your callsign] DE W1RM WX SNOW TEMP 24 <BT> RIG IS IC 7700 PWR IS KW ES ANT IS DIOPLE <BT> AGE IS 70 HW? <BK>

### Sending practice

K6RB DE [your callsign] WX SUNNY TEMP 82 RIG RUNS [your power] W TO [your antenna] AGE IS [your age] HW? K6RB DE [your callsign] K

N3JT DE [your callsign] WX RAIN TEMP 54 RIG RUNS [your power] W TO [your antenna] AGE IS [your age] HW? N3JT DE [your callsign] K

W1RM DE [your callsign] WX OC TEMP 70 RIG RUNS [your power] W TO [your antenna] AGE IS [your age] HW? W1RM DE [your callsign] K

### ICR Single Character Practice:

*Letters to Practice*: **Sessions 01 thru 10** *Message Options: Letters*. Practice single characters.

# Session 13:

Work through the copy practice for each message group using the MCT tool. Once you have committed all the copy practice to memory proceed to the sending practice section and go through each section in the same way.

### **Copy Practice**

[your callsign] DE K6RB TNX FER QSO ES HPE CU AGN 73 <SK> [your callsign] DE K6RB E E

[your callsign] DE N3JT NICE QSO TNX CUL 73 <SK> [your callsign] DE N3JT GN

[your callsign] DE W1RM ENJOYED QSO <SK> [your callsign] DE W1RM E E

### Sending practice

K6RB DE [your callsign] TU FER QSO CU AGN 73 <SK> K6RB DE [your callsign]

N3JT DE [your callsign] CUL ES NICE QSO 73 <SK> N3JT DE [your callsign] E E

W1RM DE [your callsign] ENJOYED QSO ALSO 73 <SK> W1RM DE [your callsign] CU E E

### ICR Single Character Practice:

Letters to Practice: Sessions 01 thru 10 Message Options: Letters. Practice single characters.

# Session 14:

Before your online sessions, listen to HF radio on CW sub bands. Listen for slower stations calling CQ and copy their callsigns. Listen to slower stations in QSO and see if you can copy some of what they are saying. Practice sending your callsign, QTH and name, over and over again.

### Session 15:

Before your online sessions, listen to HF radio on CW sub bands. Listen for slower stations calling CQ and copy their callsigns. Listen to slower stations in QSO and see if you can copy some of what they are saying. Practice listening to your callsign using many different methods.

### Session 16:

Before your online sessions, listen to HF radio on CW sub bands. Listen for slower stations calling CQ and copy their callsigns. Listen to slower stations in QSO and see if you can copy some of what they are saying. Practice sending first, second and wrap exchanges.

A great time to practice callsigns, name, and location abbreviations is during K1USN's Slow Speed Contest (SST) Friday afternoon and Sunday evenings. You can read all about the SST by going to <u>K1USN</u> <u>Radio Club</u> website. This is an easy contest where you can make that first "**ON-AIR**" contact. Your advisor can offer logging suggestions that assist during the SST event.

AA	All after	HR	Here, Hear, Hour
AB	All Before	HV	Have
ABT	About	HW	How
ADR	Address	K	Invitation to transmit
AGN	Repeat, Say Again	LID	Poor operator
ANT	Antenna	LSN	Listen
AS	Standby, wait	MNI	Many
BCI	Broadcast Interference	NIL	Nothing, not in log
BCNU	Be seeing you	NR	Number
BK	Break, Break in	NW	New
BTU	Back to you	OB	Old boy
BUG	Semi-Automatic key	OK	Correct
BURO	Bureau	OM	Old man
BORO B4	Before	OP	Operator
CFM	Confirm, I confirm	OF	Old Timer
CL	I am closing my station; Call	PSE	Please
CLG	Calling	PWR	
	-		Power
CONDX	Conditions	R	Roger, Received
CQ	Calling any Station	RCVR	Receiver
CS	Callsign	RFI	Radio Freq interference
CPI, CPY	Сору	RIG	Station equipment
CUD	Could	RPT	Report
CUL	See you later	RST	Signal Report
CUZ	Because	RTTY	Radio teletype
DE	From; This is	RX	Receive, receiver
DN	Down	SASE	Self-addressed stamped envelope
DX	Distance	SED	Said
EMRG	Emergency	SEZ	Says
ENUF	Enough	SHUD	Should
ES	And	SIG	Signal, Signature
FB	Fine business	SK	Out, clear, end of contact
FER	For	SKED	Schedule
FM	Freq Modulation; From	SN	Soon
FREQ	Frequency	SRI	Sorry
GA	Good afternoon	SSB	Single sideband
GE	Good evening	STN	Station
GG	Going	TEMP	Temperature
GLD	Clad	TKS	Thanks
GM	Good morning	TMW	Tomorrow
GN	Good night	TNX	Thanks
GND	Ground	TRE	There
GUD	Good	TT	That
HI	Laughing	TU	Thank you

ТΧ	Transmitter, Transmit	WUD	Would
U	You	WX	Weather
UR	Your	XCVR	Transceiver
URS	Yours	XMTR	Transmitter
VY	Very	XYL	Wife
WID	With	YL	Young lady
WKD	Worked	73	Best regards
WL	Well, Will	?	Question
WID	With		

# Appendix B: Commonly used Ham Radio words

А	DX	ITS	RICH	WERE
ABOUT	EFHW	JT65	RST	WHAT
AGE	ELECRAFT	JUST	SLEET	WHEN
AGN	ES	JUST	SLOPER	WHERE
ALINCO	FB	KENWOOD	SNOW	WINDOM
ALL	FLEX	KN	SO	WINDY
AM	FOG	KNEW	SOME	WITH
AND	FOR	KNOW	SSB	WX
ANT	FROM	LIKE	SUNNY	YAESU
ARE	G5RV	LSB	SWR	YEAH
AS	GA	MEAN	TEMP	YOU
AT	GE	MY	TENTEC	YOUR
BEAM	GM	NAME	TEST	YRS
ВК	HAD	NO	THAT	
BUT	HAIL	NOT	THE	,
BTU	HAVE	NR	THEM	?
BY	HEATHKIT	OCF	THERE	/
CAN	HI	OF	THEY	5NN
CLEAR	HIS	ON	THINK	599
CLOUDY	НОТ	ONE	TNX	589
COLD	HOUR	OR	ТО	58N
COLLINS	HR	OTHER	TU	579
COOL	HW	OUT	UH	57N
CPI	HW?	PSE	UP	479
CPY	I	PSK	USB	47N
CQ	ICOM	PSK31	VERTICAL	359
CW	IF	PWR	WARM	35N
DIGITAL	IN	R	WAS	489
DIPOLE	INV	RAIN	WE	48N
DO	IS	REALLY	WE	559
DONT	IT	RIG	WELL	55N

## **Appendix C: Abbreviated list of Some Common International Q Signals**

A Q signal followed by a ? asks a question.

A Q signal without the ? answers the question, unless otherwise indicated.

- What is the name of your station? QRA QRG What's my exact frequency QRH Does my frequency vary? QRI How is my tone? (1-9)QRK What is my signal intelligibility? (1-5)QRL Is the frequency in use? Man made interference QRM QRN Natural interference Shall I increase transmit power? QRO QRP Shall I decrease transmit power? QRQ Shall I send faster? QRS Shall I send slower? QRT I'm closing my station down QRV Are you ready? QRX When will you call again? QRZ Who is calling me? QSA What is my signal strength? (1-9)QSB Are my signals fading? QSD Is my keying defective? QSK Can you work breakin? QSL Acknowledge receipt QSO Communicate with QSY Shall I change frequency?
- QTH What is your location?
- QTR What is your time?

For a full list of CW abbreviations with explanations go to the CWops website at: <u>https://cwops.org/additionalpractice/</u> and click on CW Abbreviations.

# Appendix D: Top 100 plus English words

А	EACH	ITS	OUT	UP
ABOUT	EVEN	JUST	OVER	US
AFTER	FIND	KNOW	SAID	USE
ALL	FIRST	LIKE	SAY	WANT
ALSO	FOR	LOOK	SEE	WAS
AN	FROM	MAKE	SHE	WAY
AND	GET	MANY	SO	WE
ANY	GIVE	MAY	SOME	WELL
ARE	GO	ME	TAKE	WERE
AS	GOOD	MORE	THAN	WHAT
AT	HAD	MOST	THAT	WHEN
BACK	HAS	MY	THE	WHICH
BE	HAVE	NEW	THEIR	WHO
BEEN	HE	NO	THEM	WILL
BUT	HER	NOT	THEN	WITH
BY	HIM	NOW	THERE	WORD
CALL	HIS	OF	THESE	WORK
CAN	HOW	ON	THEY	WOULD
COME	I	ONE	THINK	YEAR
COULD	IF	ONLY	THIS	YOU
DAY	IN	OR	TIME	YOUR
DID	INTO	OTHER	ТО	
DO	IT	OUR	TWO	

## Appendix E: US States, Territories, and Canadian Provinces

## **US States and Territories Abbreviations**

AL	Alabama	LA	Louisiana	ОК	Oklahoma
AK	Alaska	ME	Maine	OR	Oregon
AZ	Arizona	MD	Maryland	PA	Pennsylvania
AR	Arkansas	MA	Massachusetts	RI	Rhode Island
CA	California	МІ	Michigan	SC	South Carolina
со	Colorado	MN	Minnesota	SD	South Dakota
СТ	Connecticut	MS	Mississippi	ΤN	Tennessee
DE	Delaware	мо	Missouri	ТΧ	Texas
DC	District of Columbia	MT	Montana	UT	Utah
FL	Florida	NE	Nebraska	VT	Vermont
GA	Georgia	NV	Nevada	VA	Virginia
н	Hawaii	NH	New Hampshire	WA	Washington
ID	Idaho	NJ	New Jersey	WV	West Virginia
IL	Illinois	NM	New Mexico	WI	Wisconsin
IN	Indiana	NY	New York	WY	Wyoming
IA	lowa	NC	North Carolina	GU	Guam
KS	Kansas	ND	North Dakota	PR	Puerto Rico
КҮ			Ohio		(US) Virgin Islands

### **Canadian Provinces and Territories**

AB	Alberta	NS	Nove Scotia
BC	British Columbia	NU	Nunavut
MB	Manitoba	ON	Ontario
NB	New Brunswick	PE	Prince Edward Island
NL	Newfoundland and Labrador	QC	Quebec
NT	Northwest Territories	SK	Saskatchewan
		ΥT	Yukon

## Appendix F: NATO International Phonetic Alphabet

<u>Letter</u>	<u>Phonetic</u>
А	Alpha
В	Bravo
С	Charlie
D	Delta
E	Echo
F	Foxtrot
G	Golf
Н	Hotel
I	India
J	Juliet
К	Kilo
L	Lima
Μ	Mike
Ν	November
0	Oscar
Р	Рара
Q	Quebec
R	Romeo
S	Sierra
Т	Tango
U	Uniform
V	Victor
W	Whiskey
Х	Xray
Υ	Yankee
Z	Zulu

## Appendix G: Morse Code Trainer (MCT) Features & Functions

The online MCT tool is very flexible with many settings and adjustments that you can make to change how the tool works. Experiment, you can always reload the setup files

#### MCT trainer is divided into several sections

Let's briefly look at each section to see how they can be tailored to help you work through the "Practice Instructions and Homework Assignments Beginner CW" curriculum workbook. There is a help tab in the main banner that you can use to get a full definition of each feature. Your advisor can also help you with any questions you may have.

#### Personalization

You will need to enter this information when you get to session-11. You can enter it now or wait. It's up to you. You can fill in this information at any time.

#### **Practice Content**

There are sixteen sessions in the Beginner CW curriculum workbook. The first 10 sessions are set up to teach you the alphabet, numbers, 4 punctuation marks, and 4 Morse code prosigns. Sessions 11 through 13 puts everything you learn into real QSO practice. Sessions 14 through 16 are set aside for advisors to help new CW operators get on the air.

In the Practice Content the **Next** and **Previous** buttons will step through the sessions. The session currently being played will be in the gray **Sessions** box.

Learning Morse code starts with learning the sounds of each character, number, punctuation, and prosign.

The list below represent the six practice message types presented in each section of the CW Beginner curriculum workbook. The term **message**<sup>1</sup> is used to describe the type of information to be played.

- Characters
- CW Abbreviations
- Callsigns
- Words
- Numbers
- Phrases

#### Message (Show/Hide):

The message box displays the characters, words, CW abbreviations, numbers, callsigns, or phrases i.e., *messages* that are being played.

<sup>&</sup>lt;sup>1</sup> The term **message** is used collectively in both this document and the MCT online trainer to refer to Characters, Words, CW Abbreviations, Numbers, Callsigns, and Phrases.<sup>1</sup>

#### **Playback Controls**

This is where most of the settings that control speech, timing, repetition, and sound reside. **Detailed controls** can be hidden once they are set to your liking. If in doubt about any function you can always use the Help\* tab for more information.

#### History

As you go through the exercises the messages are displayed in the history box. You can turn off the *History visibility* so it will not interfere with the learning. You can even *Download* the history file if you wish. *Clear history* will clear the history box.

#### Settings

Here is where you can **Upload**, **Download**, or **Reset** the program functions and controls. There are some java script files that will be loaded to configure the MCT tool for either copying or sending practice.

## **Appendix H: Manual Settings for Copy Practice**

Here are the default settings for copy practice in Morse Code Trainer. Nearly every section is adjustable meaning you can turn a feature **on** or **off**. You can even adjust the timing values as well. *1000 ms* equals *1 second* in time. The best way to hear the effects of a feature is to try it.

- Practice Content: [Copying] button is highlighted.
- Check any of the Message radio buttons. Default is Characters. Others are CW Abbreviations, Callsigns, Words, Numbers, Phrases.
- Message (show/hide): Hide
- Detailed controls off
- Playback style: Custom
- Character / Farnsworth are set to 25 / 6
- Reset the Elapsed practice time by clicking on the reset button
- Play options: Repeat on Random: off
  - **Repeat off** the current message will play once.
  - Repeat on will continuously play all messages sectioned.
  - **Repeat 1** will continuously play the current message.
- 1: Show & Say Before: Flashcard off and Speech: on F
- 2: Morse Count set to 5
- 3: Recognition Time is grayed out,
- 4: Show & Say After: Flashcard off and Speech off
- 5: Morse Repeat: off

Flashcard Time: **0 ms.** Extra Gap: **0 ms.** Additions Recognition Time: **0 ms.** Flashcard Time: **0 ms.** Extra Gap: **0 ms.** Bell Gap: **200 ms.** (0.2 sec.)

Morse 4 | Speech 4 | Bell 4 | Help 4

• 6: Bell: **on** 

*A note about Extra Gap space*: As you progress through the sessions if you want to shorten the gap time between messages here are some suggestions you can try. Reducing the gap time will force the program to play the messages quicker. Appendix A gives you a complete breakdown of the copying practice setup.

- 2: Morse play...: Extra Gap of 250 500 750 1000 ms.
- 3: Recognition optional...: *Recognition Time of* **250 500 750** -1000 ms.
- 5: Morse Repeat option...: *Extra Gap of* **250 500 750 1000** *ms*.

## **Appendix I: Manual Settings for Sending Practice**

Here are the default settings for sending practice in Morse Code Trainer. Nearly every section is adjustable meaning you can to a feature on or off. You can even adjust the timing values as well. 1000 ms Equals 1 second in time. The best way to hear the effects of a feature is to try it.

- Practice Content: [Sending] button is highlighted.
- Check any of the Message radio buttons. Default is Characters. Others are CW Abbreviations, Callsigns, Words, Numbers, Phrases.
- Message: (show/hide): Hide
- Detailed controls on
- Plavback style: Custom
- Character / Farnsworth are set to 15 / 6
- Reset the Elapsed practice time by clicking on the reset button
- Play options: **Repeat on** Random: off
  - **Repeat off** the current message will play once.
  - **Repeat on** will continuously play all messages sectioned.
  - **Repeat 1** will continuously play the current message.
- 1: Show & Say Before: Flashcard off and Speech: off
- 2: Morse Count set to 5
- 3: Recognition Time is graved out,
- 4: Show & Say After: Flashcard off and Speech off
- 5: Morse Repeat: off

6: Bell: on

Flashcard Time: **1000 ms.** (1 sec.) Extra Gap: 3000 ms. (3 sec.) Additions Recognition Time: 3000 ms. Flashcard Time: 1000 ms. (1 sec.) Extra Gap: 3000 ms. 3 sec.) Bell Gap: 200 ms. (0.2 sec.)

A note about Extra Gap space: As you progress through the sessions some of the messages my take longer to key than the time initially allowed. If you find that you do not have sufficient time to key the message before the program starts playing again here are some extra gap adjustments you can make.

- 2: Morse play...: Extra Gap of 5000 6000 ms. (5 6 sec.)
- 3: Recognition optional...: Recognition Time of 5000 6000 ms.
- 5: Morse Repeat option...: Extra Gap of 5000 6000 ms.

Morse | Speech | Bell | Help

## Appendix J: CW Daily Practice Log

Class:\_\_\_\_\_

Student Name:\_\_\_\_\_

DATE	TIME	SESSION	TIME SPENT	NOTES

	1		
		[	

## **Appendix K: Farnsworth Timing**

Traditionally, reducing the speed of Morse code has been done by making everything take longer, i.e. both the sounds and the silent periods between them.

Using Farnsworth timing, characters are sent at a high rate of speed, while extra spacing is inserted between characters and words to slow the transmission down. The advantage of this is that you get used to recognizing characters at a higher speed, and thus it will be easier to increase the word speed later on.

The <u>ARRL</u> uses a Farnsworth setting of 18 WPM (90 CPM) timing for its daily Morse code transmission announcements.

Farnsworth timing was invented by Donald R. Farnsworth (W6TTB) in the late 1950s.

## <sup>©</sup>Copyright 2023

This document is the sole property of Rob Brownstein K6RB, Ken Rainey, AC5EZ and the CW Operators club. It may be downloaded and printed for use by CW Academy students. It may not be reproduced on paper and/or any digital format for any other purpose without the express written consent of Rob Brownstein K6RB or Ken Rainey and the CW Operators club.

Date	Revision	Author	Description
2016	2.0.0	Rob Brownstein, K6RB	Original Document
2019	2.1.0	Bob Carter, WR7Q	Change course name from Level 1 to
			Beginner.
2020 – Apr	2.2.0	Bob Carter, WR7Q	Change Session 7 Sending Segments to
			Copying Segments.
2020 – Sep	2.3.0	Bob Carter, WR7Q	Added Zoom .
2022 – Jul	3.0.0	Bob Carter, WR7Q	Added 6 WPM speed suggestion for class
			completion, daily practice time and
2022 Fak	210	Dah Cantan M/DZO	WPM to 25.
2023 – Feb	3.1.0	Bob Carter, WR7Q	Moved 'Z' to section 10 from 9.
2023 – Apr	3.2.0	Bob Carter, WR7Q	Changed 'sk' to <sk>; removed '-' from sections 11 thru 13.</sk>
2023 – Jul	4.0.0	Ken Rainey, AC5EZ	Creation of version 4.0 CW Academy
2023 34	4.0.0	Ken Kaney, ACJEZ	Beginner CW Course.
			"Practice-Instruction-sand-Homework-
			Assignments-Beginner-CW" Initial
			document release.
2023 – Jul	4.1.0	Bob Carter, WR7Q	Minor corrections.
2023– Aug	4.2.0	Ken Rainey, AC5EZ	Minor format corrections.
2023– Sep	4.2.1	Ken Rainey, AC5EZ	Replaced "RIG" with "STN" in advanced
			section of sessions 3,4,5,6.
			Session07 changed characters learned
			from 24 to 29.
2023Sep	4.2.2	Ken Rainey, AC5EZ	Session04 changed 1 to L.
			copy phrases changed BOB to TOD.
			Sending Phrases changed BOB to TOD. MCT script updated to reflect changes.
			Added Release note to page one.
2023Sep	423	Ken Rainey, AC5EZ	Session06 replaced LOG with DWN,
2020000	1.2.5	Ken hanrey, heste	UP with MY, YOUR with YRS.
			Sending Phrases: Removed "?" to match
			copy phrases. Replaced "HW CPY" with
			"UR NAME?".
			Session07 removed B4 from abbreviations.
2023Oct	4.2.4	Ken Rainey, AC5EZ	Added CPY to Appendix A .

#### **Revision History:**

			Added CPI and CPY to Appendix D. Added <b>Numbers</b> copy segment in
			Session02.
2023Nov	4.2.5 I	Ken Rainey, AC5EZ	Added the comma "," to session06.
			Moved the letter "Q" from session10 to
			Session07.
			Added prosign <ar> to session08</ar>
2023Dec	4.2.7	Ken Rainey, AC5EZ	<ol> <li>Replaced the word "segment(s)" with the work "practice".</li> </ol>
			2. Removed CW Abbreviations from all
			Additional Practice sections
			3. Added Characters to sending practice,
			section in all sessions.
			4. Changed Sending Drill font to Courier.
			5. Removed Additional practice and made it
			Daily Sending Drill.
			6. Replaced Morse Code Trainer data with new
			Images and data. 7. Miscellaneous formatting updates.
2023Dec	127	1 Ken Rainey, AC5EZ	1. Fixed typo in " <b>Preparing for Copy practice</b> "
section	4.2.7.	r Ken Kanicy, ACJEZ	1. The type in Treparing for copy practice
Section			Repeat on Changed "t" to "text".
			Changed color of Q from <b>red</b> to <b>black</b> .
			2. Fixed typo on page 6.
			3. Added "." to <b>new characters this session</b> .
2024Jan	4.2.7.2	2 Ken Rainey, AC5EZ	Updated the default settings in Appendix H & I to
			Match the MCT online training tool.
2024Jan	4.2.7.3	3 Ken Rainey, AC5EZ	Session06: changed NANE to NAME, MY to MI.
			Updated QRL definition in Appendix C.
			Removed OC from session04.
			Removed OT from session02.
			Removed OC, OT, OM from Appendix B.
2024Mar	4.2.8	Ken Rainey, AC5EZ	Removed <bk> as a prosign.</bk>
2024Mar	4.2.8.3	1 Ken Rainey, AC5EZ	Added <bk> back into syllabus with a note in Session10 explaining usage of BK and <bk>.</bk></bk>
2024Jul	4.3	Gary Johnson, NA6O	Reformatted for blind accessibility. Added student log and intro section for blind students.
2024Sep	4.4	Bob Carter, WR7Q	Updated the Canadian Provinces.
2024Sep	4.5	Bob Carter, WR7Q	Corrected the Canadian Provinces.
2024Oct	4.6	Bob Carter, WR7Q	Added Q codes a
2025Feb	4.7	Bob Carter, WR7Q	Changed MI to MY